

MEDICAL CHECKLIST

Please tick where appropriate if you are currently experience the following

Pregnancy		Prone to keloid Scarring.	
Breastfeeding/		Glaucoma (vision loss due to high blood pressu	
Cancer/Chemotherapy/ Radiation		Low Blood Pressure (Hypotension)	
Haemophilia (unstoppable bleeding		Epilepsy	
Diabetes		Taking Blood Thinner (Aspirin, Alcohol	
Hepatitis A, B, C, D, E, F		Abnormal Heart Conditions	
Chemo Therapy		HIV/AIDs	
Eczemas or Acne skin		Lips Tattooing booking	
Skin Disease		Cold Sores/Herpes Simplex	
Skin irritations (sunburn, rash near the treated are		Eyeliner tattooing booking	
Autoimmune Disease		Eye Surgery or Eye Injury	
Taking Accutane (pill to treat acne)		Using Lash growth serum	
Seborrheic Dermatitis		Several Veins in or around eyelids	

SUMMARY AND OTHER REQUIREMENT PRE- TREATMENT ,YOU MUST :

- *No retinol /Retin A or other anti- aging /acne cream or serum containing acid prior 4 weeks
- *No taking fish oil 2weeks before procedure
- *No work out, sauna or sweat heavily the day of procedure
- *No Aspirin, ibuprofen or any type of blood thinner 2 weeks before procedure (Ask your Doctor before stoptaking)
- *Do not wax/ tint/ before your PMU appointment
- *No Alcohol, caffeine or any type of energy drinks 24hrs before the procedure
- *Do not tan 2weeks prior or have sunburned face

Eyeliner Booking:

- * Do Not wear any contact lens on the appointment day.
- * Eye Lasik or Surgery :At least 6 months (ask your GP for best advice)
- *heavy bleeder or bruiser: ask your GP if you can take **Arnica Pilules** 24 hours prior appointment

Lips Tattoo Booking :taking either lysine or a cold sore preventative 7 to 10 days prior

These requirements helps to avoid excessive bleeding and poor colour deposit.